### Papers to Cover

- Wasif Khan, Seowung Leem, Kyle B. See, Joshua K. Wong, Shaoting Zhang, Ruogu Fang: "A Comprehensive Survey of Foundation Models in Medicine", 2024; [http://arxiv.org/abs/2406.10729 arXiv:2406.10729].
- He Y, Huang F, Jiang X, Nie Y, Wang M, Wang J, Chen H. Foundation Model for Advancing Healthcare: Challenges, Opportunities and Future Directions. IEEE Rev Biomed Eng. 2024 Nov 12;PP. doi: 10.1109/RBME.2024.3496744. Epub ahead of print. PMID: 39531565.
- Guo, L.L., Fries, J., Steinberg, E. et al. A multi-center study on the adaptability of a shared foundation model for electronic health records. npj Digit. Med. 7, 171 (2024). https://doi.org/10.1038/s41746-024-01166-w



# Foundation Models Driving Healthcare Advancements

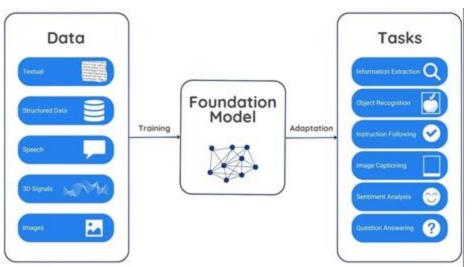
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> GenAl-overview January 24th, 2025



## What is a foundation model?

- > Very large deep learning models
  - Massive broad datasets
- ➤ What is the purpose?
  - Acts a foundation to build upon
  - Can quickly be adapted for a task
  - Cost effective



https://www.google.com/url?sa=i&url=https%3A%2F%2Fviso.ai%2Fdeeplearning%2Ffoundation-

models%2F&psig=AOvVaw0P4gSt45xU0C3hXZwQQbYd&ust=17379384824240008 source=images&cd=vfe&opi=89978449&ved=0CBQQjRxqFwoTCKjmvsCTkosDFQA AAAAAAAAABBF

### AI in Healthcare

- > Al in healthcare can be used for several purposes
  - Diagnosis
  - Image analysis
  - Predictive
  - Personalization
- ➤ How do foundation models relate to AI in healthcare?



https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.news-medical.net%2Fnews%2F20231219%2FAI-in-healthcare-A-double-edged-sword-Study-reveals-impact-

on-diagnostic-

### Foundation Models (FM)

- FMs are large-scale, pre-trained models fine-tuned for various downstream tasks, leveraging extensive training datasets.
- FMs utilize self-supervised learning to autonomously generate pre-training tasks from unlabeled data.
- FMs are versatile and can be applied to various fields including text, video, speech, and tabular data.

## **Introduction and Outline**

Joseph Moretto (jam5cq)

### Outline

- Introduction (Joseph)
  - Importance of AI in healthcare
  - Brief overview of foundational models and what is being presented
- Overview of foundation models (Mati)
  - What is a foundation model
  - Type of foundation models
- Applications in healthcare (Jing-Ning)
  - Examples of how they are used in healthcare
  - Advancements, include specific examples/ real world uses
- Al challenges in healthcare, include specific examples/ real world cases (Jingyi)
  - Data (getting good data, privacy)
  - Algorithmic
  - Resources cost/infrastructure
- Future work/directions (Sheharyar)
- Conclusion (Sheharyar)
- Discussion(Joseph)

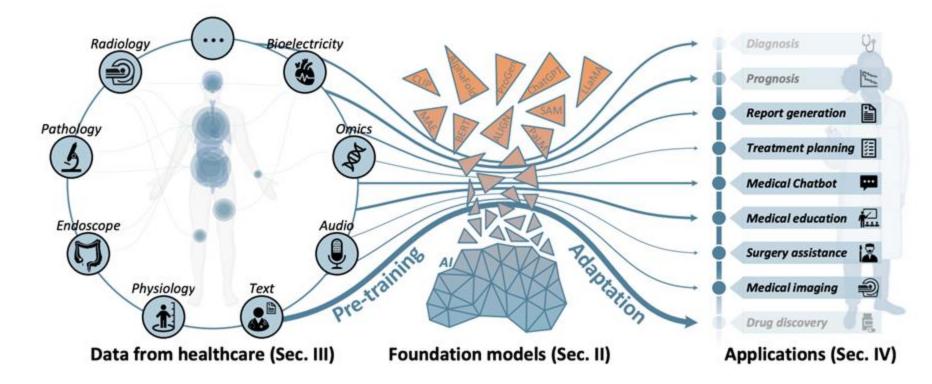


Fig. 1. The pipeline of the healthcare foundation models (HFMs) including the methods (Sec.II), datasets (Sec.III), and applications (Sec.IV).

### Foundation models driving AI in healthcare

- > AI has achieved specialist level performance
- Many diverse scenarios and requirements
- What do foundation models add?
  - Cost effective and fast
- ➢ Efficient at creating models for a variety of healthcare tasks
- > Al in healthcare is moving away from specific into general purpose

### FMs in Medical Domain

- General-Purpose FMs: Challenging to adopt in healthcare due to specialized needs.
- Text-Based Models: Word2Vec, ELMo, and BERT perform poorly on biomedical texts due to differing word distributions.
- Vision-Text Pre-Training: Models like CLIP struggle with nuanced differences in medical versus general images.
- Segment Anything Model (SAM): Ineffective for 3D medical images with its 2D design.
- Task-Agnostic Model Development: New models inspired by BERT and GPT are tailored for medical data.

### Clinical Large Language Models (CLLM)

- BioBERT: Pioneering biomedical NLP model, excelling in NER, RE, and QA tasks across 15 datasets.
- BioMegatron: Enhanced with up to 1.2 billion parameters; superior performance in biomedical benchmarks, trained on extensive PubMed and PMC data.
- GatorTron: A clinical NLP powerhouse with 8.9 billion parameters, trained on a vast corpus including UF Health clinical texts, achieving top results in five clinical NLP tasks.
- GatorTronGPT: GPT-3 architecture adaptation with 20 billion parameters, generating medically aligned synthetic data and performing comparably to human clinicians in NER, QA, RE, NLI, and semantic tasks.

### Medical Image Analysis

- Distinct Characteristics: Medical images feature unique patterns and characteristics compared to natural images, necessitating specialized models.
- Segment Anything Model (SAM): Originally designed for general-purpose segmentation, SAM was later adapted for medical imaging tasks.
- MedSAM Architecture: Utilizes a vision transformer-based (ViT) image encoder and a mask decoder, specifically tailored for medical image segmentation.
- Training and Performance: MedSAM was trained on 1,570,263 image-text pairs from online medical datasets, demonstrating superior performance compared to models like SAM and U-Net.

### **CLIP-based FMs**

- CLIP Architecture: CLIP is a neural network that classifies images using natural language, trained on a dataset of 400 million image-text pairs.
- Medical Limitations: In medical applications, CLIP struggles with smaller datasets, often misclassifying similar images.
- MedCLIP Adaptation: MedCLIP modifies CLIP for medical use by separating image-text inputs and adding a medical-specific semantic loss, improving data efficiency.

### Text-to-Image

- Text-to-image models are applied to generate text-conditional MRI scans, demonstrating their utility in medical imaging.
- MedXChat, a new text-to-image model, excels in synthesizing accurate x-ray images and medical reports, surpassing existing models in adaptability and precision.
- These technologies improve health literacy and comprehension of medical texts, enabling more effective diagnosis, reducing the need for repeated scans, and minimizing radiation exposure for patients.

### Omics

- Traditional FMs fails to generalize across genomics, proteomics, metabolomics, and other omics domains.
- Specialized BERT models like scBERT were developed for gene-level analysis, RNABERT for RNA sequence alignment, and DNABERT for decoding non-coding DNA, enhancing scalability and accuracy.
- Ongoing issues include the necessity for curated datasets, high computational costs, and model limitations in capturing comprehensive genomic information, pointing to areas for future enhancement.

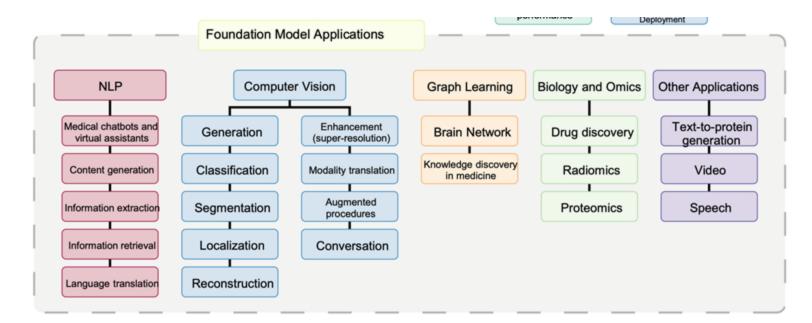
Jing-Ning Su (fzf9mg)

https://doi.org/10.1038/s41746-024-01166-w

### A multi-center study on the adaptability of a shared foundation model for electronic health records

Check for updates

Lin Lawrence Guo<sup>1,7</sup>, Jason Fries  $^{\odot 2,7}$ , Ethan Steinberg<sup>2</sup>, Scott Lanyon Fleming  $^{\odot 2}$ , Keith Morse  $^{\odot 3}$ , Catherine Aftandilian<sup>4</sup>, Jose Posada  $^{\odot 5}$ , Nigam Shah  $^{\odot 23}$  & Lillian Sung  $^{\odot 14,3}$ 



#### Clinical Natural Language Processing (NLP)

- Virtual Assistants: Answer patient queries, provide health advice
- Report Generation: Automate medical report creation
- Information Extraction: Extract key insights from EHRs

#### Medical Imaging

- Disease Detection: Identify tumors from medical images
- Image Generation: Create images from text descriptions
- Educational Tools: Visual aids for patient education

References:

- [1] A Comprehensive Survey of Foundation Models in Medicine
- [2] Foundation Model for Advancing Healthcare
- [3] A Multi-center Study on the Adaptability of a Shared Foundation Model for Electronic Health Records

#### Electronic Health Records (EHR)

- Risk Prediction: Predict patient risks like readmission
- Summarization: Summarize patient histories
- Decision Support: Aid in treatment decisions

#### > Bioinformatics and Genomics

- Genetic Analysis: Identify disease markers in genetic sequences
- Drug Discovery: Design new drugs, predict protein structures
- Personalized Medicine: Tailor treatments based on genetic profiles

References:

- [1] A Comprehensive Survey of Foundation Models in Medicine
- [2] Foundation Model for Advancing Healthcare
- [3] A Multi-center Study on the Adaptability of a Shared Foundation Model for Electronic Health Records

#### Multimodal Integration

- Data Fusion: Combine text, images, and genetic data
- Enhanced Diagnostics: Provide a comprehensive understanding of conditions
- Personalized Treatment: Develop more effective treatment plans

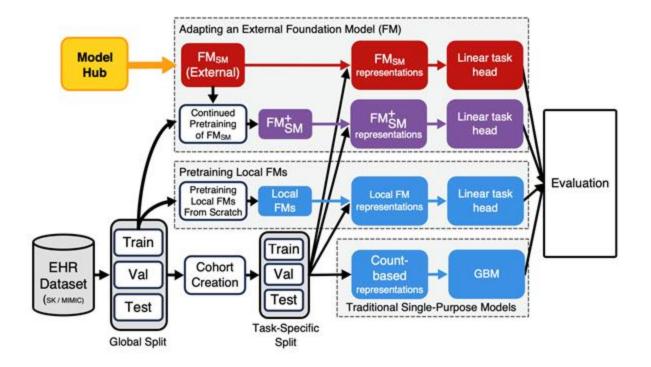
#### > Healthcare Service Optimization

- Patient Prioritization: Triage patients based on urgency
- Automated Reporting: Streamline healthcare processes
- Efficiency Improvement: Reduce administrative burden

References:

- [1] A Comprehensive Survey of Foundation Models in Medicine
- [2] Foundation Model for Advancing Healthcare
- [3] A Multi-center Study on the Adaptability of a Shared Foundation Model for Electronic Health Records

### **Overview of Model Training and Evaluation**



#### References:

### Examples of Foundation Models in Healthcare

- Clinical Prediction Tasks: In-hospital mortality, long length of stay, 30-day readmission, abnormal lab results.
- Structured EHR Data: Summarize patient medical history for diagnostics.
- Model Architecture: FMSM, 141M parameter Transformer model, pretrained on 2.57M patient records.
- > **Data Mapping**: OMOP CDM for compatibility.

**EHR**: Electronic Health Records, digital versions of patients' paper charts containing medical history, diagnoses, medications, treatment plans, and more.

FMSM: Foundation Model Stanford Medicine, A model trained on patient records from Stanford Medicine.

**OMOP CDM**: Observational Medical Outcomes Partnership Common Data Model, standardizes healthcare data for analysis.

References:

### In-Depth Study of Clinical Prediction Tasks

### > Methodology:

- Data Sources: SickKids, MIMIC-IV.
- Evaluation Metrics: AUROC, ECE.

### > Results:

- In-hospital mortality: AUROC 0.957.
- Long length of stay: AUROC 0.839.

SickKids: The Hospital for Sick Children MIMIC-IV: Medical Information Mart for Intensive Care

**AUROC**: Area Under the Receiver Operating Characteristic, measures model's ability to distinguish between classes.

**ECE**: Expected Calibration Error, assesses model's prediction accuracy and confidence alignment.

• Hypoglycemia, anemia: Improved prediction accuracy.

### > Technical Insights:

- Feature Representations: Dense vectors for patient timelines.
- Continued Pretraining: +3% performance improvement.

References:

### Impact on Healthcare Processes

#### > Efficiency:

- Few-shot learning: 128 examples match GBM performance.
- Reduced label acquisition costs.

#### > Robustness:

- Cross-site adaptability: SickKids and MIMIC-IV.
- Continued pretraining: Enhanced local adaptation.

#### > Technical Insights:

- Hyperparameter tuning.
- Hierarchical bootstrapping for evaluation.

**GBM**: Gradient Boosting Machines, ensemble method using weak models for predictions.

References:

### Advancements

#### > Adaptability:

- Strong performance across datasets.
- Continued pretraining: +3% performance.

### > Efficiency:

- 60-90% fewer training examples needed.
- Faster deployment.

#### > Accuracy:

- High AUROC scores.
- Improved calibration (lower ECE).

#### > Technical Insights:

• Decoder-only Transformer architecture.

Reference Next-code prediction task for pretraining. [1] A Multi-center Study on the Adaptability of a Shared Foundation Model for Electronic Health Records

### Multi-Center Applicability and Scalability

#### Real-World Use Cases:

- SickKids: Pediatric healthcare.
- MIMIC-IV: Adult ICU settings.
- > Technical Insights:
  - OMOP CDM for data consistency.
  - Hierarchical bootstrapping for robust evaluation.

#### Cohort Characteristics:

- Detailed patient demographics.
- Few-shot learning experiments.

References:

## **AI challenges in healthcare**

Jingyi Cui (cau8rc)

### AI challenges in healthcare

#### ➢ Healthcare Data Is Unique:

- Highly sensitive and personalized (e.g., patient medical records).
- Diverse formats: EHRs, medical imaging, genomic data, etc.

#### ≻ Challenges:

- Data quality issues.
- Privacy and security concerns.
- Limited access to diverse datasets.

[1] Foundation Models in Medicine: Limited public datasets make generalization challenging.[2] Sharing constraints: Privacy laws like GDPR, HIPAA hinder global data sharing

### **Data Quality Issues**

- Inconsistencies in Data
  - Hospitals adopt different EHR standards, leading to compatibility issues.

#### > Example:

- SickKids (Canada): Pediatric-focused data.
- MIMIC-IV (USA): Primarily adult ICU data.
- The lack of a unified standard complicates training and testing across institutions.

### **Data Quality Issues**

#### Incomplete Data

- Missing values in EHR datasets (e.g., unrecorded lab results, treatment histories).
- Fragmented patient data across departments limits its utility for AI models.
- Bias in Data
  - Underrepresentation of certain populations in training datasets.
  - SickKids data is leaned towards children, reducing generalizability to adult healthcare systems.

### **Privacy and Security**

#### > Strict Privacy Laws:

- GDPR (Europe): Restricts data sharing across borders.
- HIPAA (USA): Ensures protection of patient health information (PHI).
- Institutions face legal and financial risks if they fail to comply.

#### Data Anonymization Issues

- De-identification techniques remove personal identifiers but can lead to: Loss of contextual richness in medical text. And reduced performance for Al models in tasks like prediction and diagnosis.
- GatorTronGPT: Used de-identified text for training but experienced limitations in tasks requiring nuanced clinical context

### **Privacy and Security**

#### Challenges of Cross-Institutional Collaboration

- Hospitals and institutions lack standardized frameworks for secure data sharing.
- SickKids and MIMIC-IV data were used separately due to privacy concerns, despite their complementary nature

#### > Emerging Security Risks

- Al models are vulnerable to: Data breaches and cyber-attacks.
- Unauthorized use of AI models trained on sensitive medical datasets could lead to privacy violations and ethical dilemmas

### Algorithmic Challenges in Healthcare Al

#### > Why Algorithms Matter in Healthcare Al

- Algorithms drive decision-making: From diagnosis to treatment recommendations.
- Challenges arise from model complexity and healthcare's dynamic nature.
  - Explainability and interpretability.
  - Handling bias and fairness.
  - Reliability in clinical settings.

[1] A Comprehensive Survey of Foundation Models in Medicine

[2] Foundation Models for Advancing Healthcare: Challenges, Opportunities, and Future Directions

### Responsibility in Algorithmic Decision-Making

#### > Explainability Challenges:

 Neural networks often function as "black boxes." GPT-4 in medical contexts provides no clear rationale for its conclusions.

#### ➤ Fairness Issues:

- Models trained on biased datasets produce unfair outcomes.
- Found inherent biases in GPT-based medical systems when diagnosing rare diseases

### Ensuring Reliability in AI Models

#### ➢ Model Hallucinations:

- Generating plausible but incorrect outputs.
- A model suggested non-existent drug interactions during a clinical query.

#### > Outdated Knowledge:

- Healthcare evolves rapidly; static models can't keep up.
- FMs trained on outdated datasets missed new treatment guidelines.
- EHR Systems and Reliability: CLMBR-T-base model showed limitations in handling rare conditions due to static pretraining.

[1] A Comprehensive Survey of Foundation Models in Medicine

[2] Foundation Models for Advancing Healthcare: Challenges, Opportunities, and Future Directions

### Resource and Infrastructure Challenges in Healthcare AI

#### > Al models require significant resources:

- Training foundation models (FMs) demands high-end hardware.
- Deployment in real-world healthcare settings adds further constraints.

#### Core Challenges:

- High computational and financial costs.
- Limited scalability for resource-constrained environments.

[1] A Comprehensive Survey of Foundation Models in Medicine

[2] Foundation Models for Advancing Healthcare: Challenges, Opportunities, and Future Directions

# Computational Demands in AI Model Training

### > Training Foundation Models:

- Training LLaMA with 65B parameters took 21 days on 2048 A100 GPUs with 80GB RAM per GPU.
- Estimated energy costs for similar models run into millions

#### > Expensive Hardware Requirements:

- Models like MedSAM require 20 Nvidia A100 GPUs (1600 GB memory).
- Limited availability of GPUs globally affects researchers and smaller hospitals

# Scalability in Real-World Settings

### > Adaptation for Resource-Limited Settings:

- Many models cannot run efficiently on smaller devices or low-resource environments (e.g., rural clinics).
- Scaling MedSAM for smaller hospitals remains impractical without significant modifications.

## Balancing Cost and Efficiency:

- Methods like model compression and pruning can reduce resource needs but may compromise accuracy.
- We need some ongoing research into lightweight architectures.

# **Future Directions**

Sheharyar

# Future of FMs in Healthcare

## ➤ Scaling FMs:

 Addressing specialized medical domains by leveraging task-specific fine-tuning and domain adaptation techniques.

# > Interoperability:

 Achieving seamless integration and collaboration across multi-institutional datasets through federated learning and standardized data-sharing protocols.

## Personalized Medicine:

• Enabling real-time adaptive models capable of understanding patient-specific data, such as genomics, lifestyle, and historical medical records.

## ➢ Rare Diseases:

• Fine-tune model trained on common data

# > Artificial General Intelligence (AGI)

# **Overcoming Current Challenges**

## > Data Scarcity:

 Limited annotated datasets for model training can be addressed through synthetic data generation, augmentation strategies, and leveraging unstructured data via self-supervised learning.

## Bias and Fairness:

 Disparities in performance across patient demographics necessitate the development of fairness-aware algorithms and bias evaluation metrics.

# Scalability Issues:

 High computational costs for training and deployment require energy-efficient training methods, such as sparsity techniques and model compression.

# > Model Interpretability:

• Empowering clinicians with tools to intervene in the model's decision-making process can enable personalized and context-aware healthcare solutions.

# **Overcoming Current Challenges**

#### Model Size and Practical Use:

• Balance between performance and computational cost needs careful consideration.

### > Privacy Preserving:

 Ensuring data security and confidentiality while collaborative model training across multiple institutions.

### ➤ Security:

• Incorporate robust FMs before deploying them into clinical settings.

# **Multimodal Learning**

#### Integration of Multimodal Data:

 Combining EHRs, medical images, genomic data, and wearable device signals to create comprehensive patient profiles.

#### > Real-Time Decision-Making:

• Combining text, image, and bio-signal inputs through end-to-end multimodal frameworks such as transformers and cross-modal embeddings.

#### > Artificial General Intelligence (AGI):

 Has the potential to revolutionize patient care by integrating advanced models that can understand and analyze complex clinical.

# Explainability and Trustworthiness

### > Explainability:

 Moving beyond black-box models by using techniques like SHAP values, saliency maps, and attention visualization.

#### Validation Frameworks:

• Ensuring safety and reliability in real-world applications through clinical trials and regulatory compliance.

#### > Security:

 Incorporate robust FMs before deploying them into clinical settings so models are prone to adversarial attacks.

### ➤ Ethical AI:

• Embed fairness and accountability mechanisms to build clinician and patient trust in AI systems.

# **Ethical and Legal Considerations**

#### Privacy-Preserving Models:

 Implementing secure federated learning to maintain patient confidentiality while enabling collaborative research.

#### > Liability Concerns:

• Defining clear accountability frameworks and error-handling protocols for AI-assisted healthcare decisions.

#### > Sustainability:

 Reducing the costs of data collection and processing, model training, and inference will stimulate the commercial advantages of HFMs and improve sustainability.

# Infrastructure Challenges

#### > Efficient Training:

 Explore sparsity and pruning techniques to reduce computational costs without sacrificing accuracy.

## Edge Computing:

• Deploy lightweight FMs in resource-limited environments, such as rural clinics.

### > Sustainability:

• Reduce environmental impact through energy-efficient training methods and reusable models.

# Collaborating for the Future

#### Industry-Academia Partnerships:

• Innovate by combining cutting-edge research with practical healthcare applications.

#### > Open-Source Initiatives:

 Democratize AI development by sharing pre-trained models and datasets while ensuring privacy.

### > Interdisciplinary Teams:

• Build bridges between data scientists, clinicians, and ethicists for comprehensive AI solutions.

# Conclusion

## > Transformative Potential:

• Foundation models are revolutionizing healthcare, enabling improved diagnostics, and efficient resource use.

## > Overcoming Challenges:

 Addressing data scarcity, bias, interpretability, and computational demands is critical for widespread adoption.

## Collaborative Future:

 Interdisciplinary efforts between researchers, clinicians, and policymakers are essential for sustainable progress.

# > Vision Forward:

• The integration of advanced AI technologies promises a future of equitable, accessible, and impactful healthcare solutions for simple and complex scenarios.

Joseph Moretto (jam5cq)

- In what situation would using foundation models not always be ideal in healthcare?
  - Highly specific tasks, lack of data
  - Task is very sensitive to bias
  - Extreme accuracy is needed
  - Deployment resource limitations

> How can privacy be ensured with foundation models in healthcare?

- Data modification with the goal of privacy
- Differential privacy to prevent inference attacks
- LLM privacy agent for verification

> How will the adoption of AI in healthcare affect the workforce?

- Training may be needed to use AI properly
- Importance of knowing the AI's limitations and verifying
- More productive

> Do you think AGI will help solve limitations of FMs?